

Toxic-Free DIY Guide & Budget Friendly Hacks: ACV, Coconut Oil, Baking Soda & More: Save Hundreds on Toiletries and Household Supplies per Year

Toxic-Free DIY Guide & Budget Friendly Hacks: ACV, Coconut Oil

✓ Verified Book of Toxic-Free DIY Guide & Budget Friendly Hacks: ACV, Coconut Oil, Baking Soda & More: Save Hundreds on Toiletries and Household Supplies
Summary:

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Some of the the least expensive items that are in our cabinets can be used for household & beauty purposes that are natural, toxin free, and cost at most a few bucks.

I have been on a journey to a more toxic free lifestyle within the past two years and my discoveries have sickened (initially), educated, and enlightened me.

A lot of general toxins, parabens, sufates, detergents, and fillers that are found in a lot of modern day cosmetics, cleaning, and bathing products lead to increased risk of various cancers and other debilitating, often time deadly, diseases. For example: The aluminum in most store bought deoderants and anti perspirants used to make us stop sweating is also a known toxin to the body and causes increased risk to breast cancer and clogs major glands in our bodies.

I have progressed to using natural products for cleaning, toiletries, and as a beauty regimen and hope after this short read that you will strongly consider beginning the toxic free journey as well.

In the ebook, you will find very practical and useful tips to get you on your way to a more affordable and toxic-free lifestyle. Hundreds of uses for coconut oil, baking soda, lemon juice, hydrogen peroxide, and more.

If I can make the transition, trust me, anyone can. Blessings and great health to you all!

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